

headspace Engagement & Intake Worker Hannah Whetham



headspace Port Augusta has employed an Engagement & Intake Worker.

Hannah Whetham will be visiting **Hawker, Leigh Creek, Marree** and **Oodnadatta** communities.

Hannah will be flying in as part of the **RFDS** clinic schedules in Marree and Oodnadatta.

She will also be visiting Hawker and Leigh Creek via road.



How does it work?

Young people can refer themselves or be referred by a friend or family member into headspace. They will then complete an intake where they will talk about what's going on in their life. Hannah will work with them on her visits to their community but can also connect with them via video link when she is not in community.

We will also support young people connect with other services that may be better suit their needs.

What does headspace do ?

headspace is a one-stop-shop for young people who need help with mental health, physical health (including sexual health), alcohol and other drugs or work and study support . We also focus on early intervention, working with young people to provide support at a crucial time in their lives – to help get them back on track and strengthen their ability to manage their mental health in the future.

What about the community ?

headspace is always looking to raise awareness of youth health and to give family and friends the skills and confidence to help young people in their community.

Family and friends are important in helping young people work through life's challenges.

Talk to Hannah about how she can help your community.

How do I find out more ?

You can call headspace Port Augusta on 8641 4300

Email us on headspace.pa@cobh.org.au

Catch up with Hannah when she is in your community.

How much does it cost ?

It's a free service.

